

PE long term plan

Reception: In reception class, they will have one weekly session and the second session will be covered in daily outdoor sessions.

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------|------------|----------|----------|-----------------------|-----------------|
| Team games | Team games | Scooters | Dance | Throwing and catching | Sports day prep |

Year 1 and 2:

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|------------------|-----------------|-----------------------|----------------|------------|
| Scooters (coach) | Scooters (coach) | Football skills | Hockey skills | Athletics | Athletics |
| Multi skills | Dance | Gymnastics | Throwing and catching | Striking games | Team games |

Year 3 and 4:

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------|-----------------|------------|-----------|-------------|----------------|
| Handball | Football skills | Gymnastics | Tag Rugby | OAA (coach) | Tennis (coach) |
| Dance | Multi skills | Swimming | Swimming | Athletics | Cricket |

Year 5 and 6:

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------|--------------|--------------------|--------------------|----------------|------------------|
| Handball | Multi skills | Basketball (coach) | Basketball (coach) | Volleyball | Athletics |
| Gymnastics | Dance | Swimming | Swimming | Tennis (coach) | Rounders/Cricket |

