

CREETING ST MARY CofE SCHOOL

Intent

At Creeting St Mary CofE School the principal aim of PSHE is to allow pupils to develop the knowledge, skills, and attributes they need to keep themselves healthy and safe, build and maintain successful relationships and become active citizens, responsibly participating in society around them so as they are prepared for life beyond education.

At Creeting St Mary CofE School, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges, and finding themselves in unfamiliar situations. We offer a nurturing learning environment in which each child is encouraged to develop their full potential and where their achievements and successes are celebrated and rewarded. As a school, we believe that children are all individuals and therefore, we aim to encourage mutual respect, responsibility, and foster self-esteem in a happy and caring atmosphere. The teaching and learning of PSHE using Twinkl Life scheme support this. The themes and topics support social, moral, spiritual, and cultural development and provide children with protective teaching on essential safeguarding issues, developing the knowledge of when and how children can ask for help. Alongside Twinkl Life lesson plans teachers use plans from the NSPCC, including teaching children the 'PANTS' rules.

Twinkl Life's PSHE and Citizenship resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study which is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. This scheme of work covers all the required

objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

Diversity in PSHE

Lessons in this scheme of work have their foundation in seeing each and everybody's value in society, from appreciation of others in units such as British Values, to promoting strong and positive views of self in Think Positive and Be Yourself. Once a week children take part in class assemblies that are tailored to the ages of the children. These assemblies usually use a picture or video clip from a real-life story in the news in which the class can discuss. Themes for these assemblies include discussions about

- the protected characteristics (discussing disability from the point of view of a blind boy starting a new school or age and different families when looking at a news story about an old bald eagle fostering an eagle chick)
- important people or events (Martin Luther King Jr Day) and
- national/international days eg Safer Internet Day.

Every half term one PSHE lesson is used to specifically teach children about the protected characteristics. This is done using age appropriate picture books which are used to stimulate discussion and questioning in an open and respectful way.

Spirituality in PSHE

Spirituality is promoted through Personal, Social, Health, and Economic (PSHE) studies by fostering self-awareness, empathy, ethical understanding, and a sense of purpose among children. Personal development activities encourage self-reflection and the exploration of values and beliefs, deepening their spiritual self-awareness. Lessons are linked to our school values - love, respect, hope, community, perseverance and wisdom. Social studies emphasise community, relationships, and cultural awareness, helping children appreciate connection and diversity, which are fundamental aspects of spirituality. Health education supports emotional wellbeing and body awareness through practices like mindfulness, contributing to inner peace and holistic health. Economic studies highlight ethical consumerism, social responsibility, and the moral implications of economic decisions, encouraging children to align their future aspirations with their values and contribute positively to society. By integrating these elements, PSHE studies create a supportive environment for children to explore and develop their spirituality, cultivating a balanced and meaningful approach to life.

Implementation

At Creeping St Mary Primary School, Twinkl Life's PSHE scheme of work is designed to be taught in thematic units consisting of six lessons. The topics are taught on a rolling two-year programme because of the mixed year group classes. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Lessons signpost key words, building a rich vocabulary to develop understanding.

The delivery of lessons in a creative manner, using many approaches such as role play, discussion, and games in groupings of various sizes allows children to learn in ways best suited to them. These activities enable children to build confidence and resilience. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning. Evidence of learning is recorded in scrap books which are used by the subject co-ordinator to evaluate learning and monitor progression across the year groups.

The aims of PSHE within Creeting St Mary CofE School are to provide children with:

- accurate and relevant knowledge
- opportunities to create personal understanding
- opportunities to explore and challenge a range of values, attitudes, beliefs, rights, and responsibilities
- a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life

The teaching of topics is also embedded through all curriculum lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning.

The children are encouraged to support the community through spreading words of kindness, participating in village events and raising money for charity.

Impact

At Creeting St Mary CofE School we seek to ensure that the PSHE that we teach, improves the physical, mental, and social wellbeing of pupils. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust, respect and know when and how they can seek the support of others. Through our PSHE education, we believe we can enhance children's education and help them to become caring, respectful, aspirational, and confident individuals.