

Physical

Gross Motor

- Outside open area open as much as possible – free flow

Tyres, bikes, pipes. sand, water, black boards, white board, outside toys, inside toys brought out. Use green and blue area to designate zones.

- Access to whole school enrichment activities recently archery and dance
- Specialist teaching – scooters
- Weekly PE lessons – Autumn 1 – Playground games and climbing equipment
Autumn 2 – Team Games
Spring 1 – Dance
Spring 2 – Gym
Summer 1 – Scooters or throwing and catching
Summer 2 – Sports Day prep/Road safety
- Access to outside climbing equipment

Fine Motor

- **Focus pm pencil grip from start**
- At least weekly cut and stick
- Cooking one group each week
- Art and craft activities tied to topics/themes
- Playing Musical Instruments
- Free access to Junk Modelling
- Free access to writing area – paper. Books to write in, stencils, pens and crayons, glue, scissors etc.
- Small world toys
- Tweezers, threading cards, beads, threading boards
- Right and left handed scissors
- Pencil grips if needed
- Short, thick, triangular pencils for all
- Construction toys
- Children who have hot school lunches encouraged/taught to use cutlery effectively